



Birth and Postpartum – What mothers need

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State medical exam 1988, Obstetrician/Gynecologist 1997, 1999 Senior Physician, Delivery Room, Start of the BFHI project, 2003 BFHI certification, 2004 IBCLC.
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Abstract

Pregnant, birthing and breastfeeding women are dependent on guidance and support. On the one hand, to be able to manage daily life, on the other hand to develop trust in themselves and find personal security in dealing with pregnancy, birth and an infant. However, the tendency in our society is exactly the opposite: women are denied any sort of individual competency. They are subjugated to the dictates of obstetrics, the infant formula industry and the consumer society.